

I BREATHE  
BETTER DOING  
SOMETHING  
I DON'T KNOW  
HOW TO DO



FOREST FRINGE 2011

# INTRODUCTION

Forest Fringe has never really belonged to anyone and that's probably one of the best things about it. It was made out of the Forest Café's generosity in offering us some space, the artists' commitment to making something of it and the audiences' enthusiasm for the fact that it existed. We hope it can remain that way. An organisation that is sustained by those people who value the fact that it continues to exist. An organisation that is mainly a community, made up of artists and audiences finding unlikely ways to make unusual things happen.

A lot is changing, for us and for everybody else. We're saying goodbye to our familiar Edinburgh home and we're radically changing the way that Forest Fringe is run, inviting the artists to become much more involved in making Forest Fringe happen both in Edinburgh and beyond. This year we have eight core artists who are every bit as much the organisers of this festival as Debbie and I. This is an experiment. A prototype for the kind of collective, mutually-supportive model we hope Forest Fringe will continue to have in the future.

Things are happening in the world. Big, worrying, exciting, important things. It feels like there could be no better time to be thinking as daringly as we can about what it is that we all do and why. To appreciate the politics embedded not just in the things we make but in how we choose to make them.

—Andy Field

Forest Fringe is five years old. A child who was born when we started this thing is now tugging at their father's sleeve for Spongebob Square Pants or whatever the kids of today are into. (An iPad? What a brat!) Our infancy is over. We are now officially children. Thank goodness for that.

This being our last year in Bristo Hall, Andy and I wanted to create a piece of print that would approach the festival differently. As with last year, we've made a zine instead of a programme. All of our artists have been invited to contribute any message they want to the pages of this book — be those essays, drawings, poems, or simply information about their show. We wanted to create a truly collaborative piece of print — something to celebrate what Forest Fringe is and to mark where we're going.

Next year I am working on a project in Toronto during the summer, so this is likely to be my last Forest Fringe in Edinburgh for some time.

I want to say a lot of thank yous — to the community who have taken this from a pipe dream I had in 2006 to a real living, kicking thing. You're too numerous to mention, but you have all made me believe that if an idea is strong enough, together a collective can realize it. This is one of the best things I know, and it's thanks to you that I know it.

—Deborah Pearson

## THANKS

*Forest Fringe would like to thank the Jerwood Foundation for supporting the Jerwood Curatorial Projects. We would also like to thank Queen's University Canada and Alfred and Isabel Bader for their third year of support. They have sponsored our artist flat this year and without them many of the artists could not have afforded to perform at the festival.*

*We would also like to thank Forest Café for their ongoing trust and generosity as our partners in crime and crime fighting. They are the best organisation in Edinburgh and their survival is crucial to the creative ecology of the city.*

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# ACTION HERO



*You've all paid your money to be here and its gonna happen*



*No matter what you may've heard*



*I'm going over, I'm going further*



*That's for sure that's for certain that's one thing I can guarantee*



*We're not gonna let you down. We're gonna put on a good show*



*All of you from all the places you've gathered from to be here*



*You're gonna see something in here tonight*

Watch Me Fall Aug 22<sup>nd</sup>–27<sup>th</sup> Forest Fringe at Summerhall 11:45pm.

Watch Me Fall is presented as part of this year's British Council

Edinburgh Showcase 2011 | [www.actionhero.org.uk](http://www.actionhero.org.uk)

EDINBURGH  
SHOWCASE  
2011

BRITISH  
COUNCIL

# DAN CANHAM

## 30 CECIL STREET

The Limerick Athenaeum at 30 Cecil Street, also known as the Theatre Royal, is a building with a history that stretches back over 150 years. Within that time it has served as an art college, a political forum, a cinema, a bingo hall and a live space hosting bands, club nights, theatre and opera among other things.

When I first happened upon the building, with only a closed shutter and faded sign to go on, I had no idea as to the wealth of history and atmosphere that lay inside. The building was something of a rabbit warren, revealing more of itself to me the more I explored. Closed to the public for the last 13 years, the insides have slowly started to crumble and rot; original tickets from club nights in 1998 and random keys to doors that are no longer in use have been left to fade and rust.

Having made a short film in the Athenaeum, what you see tonight is a piece of dance-theatre that uses that film and the building itself as its source material. It is a sincere bid on my behalf to make alive the spirit of a building that now lies empty and closed to the public.

My sincerest thanks to the people who kindly gave their time to be interviewed: Seamus Flynn, Sean Flynn, Carla Burns, Dave Morris and especially to James McMahon who's painstaking research and book on the Athenaeum was an invaluable resource.

Thanks also to: Laura Dannequin, Will Hanke, Lucy Cassidy, Neil Paris, Kate Yedigiaroff, Travelling Light, Simone Kenyon and one and all at Forest Fringe.

Developed in association with Bristol Ferment at Bristol Old Vic. Running time: 25 minutes.  
For more information and to see the original film visit: [www.stillhouse.co.uk](http://www.stillhouse.co.uk)



BRISTOL  
**FERMENT**  
ESCALATOR



# GARY McNAIR

## CRUNCH



*Gary's got a good feeling about you. He believes that you've got it in you to be a winner. He believes that you've got what it takes to complete his five-step programme. He believes that you can be liberated from the tyranny of money forever. Brothers and sisters – will you join him?*

'Part dramatic monologue, part off-the-cuff self-improvement lecture on the nature of money and its tyranny. This is hugely entertaining stuff'

*The Scotsman*

'Cunning, clever, spiked with insight and hugely entertaining'

*The Herald*

**Gary McNair** was raised by cubs, which was difficult because they only met once a week after school. He is a Glasgow-based theatre maker. He graduated from the Royal Scottish Academy of Music and Drama with first class Honours and the *Avron Greenbaum Players Award for Directing*. Since this time he has made a host of shows and has performed them across the UK. In 2010 he received the *Platform 18 Award for New Directors* in association with the Arches and the Traverse Theatre. He has just created his latest show *Count Me In* with the National Theatre of Scotland at the Traverse and the Citizens.

Presented by Trigger  
Supported by National Theatre of Scotland  
[www.triggerstuff.co.uk](http://www.triggerstuff.co.uk)  
[www.garymcnair.co.uk](http://www.garymcnair.co.uk)



TRIGGER



# HIDE & SEEK

## PATER NOSTER

*Translated from the English by Ross Sutherland*

MATTHEW 6:9-13

The new establishment,  
who conceives parents like new compilations.  
The artistic grudge your name.

Deep inside a null value  
it continues to liken.  
Yet with resistance, our  
futures will follow an original design.

Because of us, on this dangerous date, our lives  
have been converted into bathtubs,  
where some permeations are permitted  
and others are held to be illegal.

In opposing these intrusions  
we create additional input.  
For us, it holds danger, force and reputation.

In this order, always.  
Amen.

This poem was created in collaboration with an automated translation program.

Each line was bounced back and forth (approximately 500 times) in and out of the different languages. With each translation, the computer program was forced to collapse the ambiguity of the original, causing the poem to mutate in new unexpected directions.

This piece was originally published in my book *National Language: Sixteen Poems Translated From English to English*. I've also made a documentary about the process, called *Every Rendition On A Broken Machine*. In it, I go in search of a computer program that can write poetry better than I can. It turns out this wasn't the difficult quest narrative I thought it would be.

*Every Rendition On A Broken Machine* is screened at the Forest Fringe at 3pm on 22nd August, along with a "live DVD commentary" from me.

## MAIN HALL

## ELSEWHERE IN THE BUILDING

## OFFSITE

MON 15	1pm	<b>non zero one - the time out</b>	12pm - 6pm	<b>Hide&amp;Seek &amp; Ross Sutherland - Hinterland</b>	7pm - 9.15pm	<b>Tania El Khoury - Maybe if you choreograph me, you will feel better</b> (ReMarkable Arts)
	3pm	<i>Complicité workshop sharing</i>	12pm - 6pm	<i>Travelling Sounds Library</i>		
	5pm	<i>Dance Double Bill</i>	All day	<b>Andy Field - Occurences</b>		
	8pm	<b>Gary McNair - Crunch</b>				
	9.30pm	<b>Dan Canham - 30 Cecil Street</b>				
TUE 16	1pm	<b>non zero one - the time out</b>	12pm - 6pm	<b>Hide&amp;Seek &amp; Ross Sutherland - Hinterland</b>	7pm - 9.15pm	<b>Tania El Khoury - Maybe if you choreograph me, you will feel better</b> (ReMarkable Arts)
	3pm	<b>Ira Brand - Keine Angst</b>	12pm - 6pm	<i>Travelling Sounds Library</i>		
	5pm	<i>Dance Double Bill</i>	All day	<b>Andy Field - Occurences</b>		
	8pm	<b>Gary McNair - Crunch</b>				
	9.30pm	<b>Dan Canham - 30 Cecil Street</b>				
	11pm	<b>Lucy Ellinson - Kaidan</b>				
WED 17	1pm	<b>non zero one - the time out</b>	12pm - 6pm	<b>Hide&amp;Seek &amp; Ross Sutherland - Hinterland</b>	7pm - 9.15pm	<b>Tania El Khoury - Maybe if you choreograph me, you will feel better</b> (ReMarkable Arts)
	5pm	<b>Ross Sutherland - Comedian Dies in Middle of Joke</b>	12pm - 6pm	<i>Travelling Sounds Library</i>		
	8pm	<b>Gary McNair - Crunch</b>	All day	<b>Andy Field - Occurences</b>		
	9.30pm	<b>Dan Canham - 30 Cecil Street</b>				
		<i>The Paper Disco</i>				
	11pm					
THU 18	1pm	<b>non zero one - the time out</b>	12pm - 6pm	<b>Hide&amp;Seek &amp; Ross Sutherland - Hinterland</b>	7pm - 9.15pm	<b>Tania El Khoury - Maybe if you choreograph me, you will feel better</b> (ReMarkable Arts)
	3pm	Discussion: <i>Interactivity in the Age of the Audience</i> -hosted by non zero one	12pm - 6pm	<i>Travelling Sounds Library</i>		
	5pm	<b>Ross Sutherland - Comedian Dies in Middle of Joke</b>	All day	<b>Andy Field - Occurences</b>		
	8pm	<b>Gary McNair - Crunch</b>				
	9.30pm	<b>Dan Canham - 30 Cecil Street</b>				
	11pm	<i>Secret Party</i>				
FRI 19	1pm	<b>non zero one - the time out</b>	12pm - 6pm	<b>Hide&amp;Seek &amp; Ross Sutherland - Hinterland</b>	7pm - 9.15pm	<b>Tania El Khoury - Maybe if you choreograph me, you will feel better</b> (ReMarkable Arts)
	4.30pm	<b>non zero one - hold hands lock horns</b>	12pm - 6pm	<i>Travelling Sounds Library</i>		
	8pm	<b>Gary McNair - Crunch</b>	All day	<b>Andy Field - Occurences</b>		
	9.30pm	<b>Dan Canham - 30 Cecil Street</b>				
SAT 20	1pm	<b>non zero one - the time out</b>	12pm - 6pm	<b>Hide&amp;Seek &amp; Ross Sutherland - Hinterland</b>	7pm - 9.15pm	<b>Tania El Khoury - Maybe if you choreograph me, you will feel better</b> (ReMarkable Arts)
	3pm	<i>Keep Rising: Radicalism and Revolution in 2011</i> -hosted by Tania El Khoury	12pm - 6pm	<i>Travelling Sounds Library</i>		
	8pm	<b>Gary McNair - Crunch</b>	All day	<b>Andy Field - Occurences</b>		
	9.30pm	<b>Dan Canham - 30 Cecil Street</b>				
SUN 21		<i>Edgelands: A Flash Conference</i> -hosted by Andy Field and Hannah Nicklin				

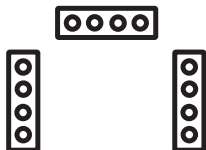


MON 22	1pm	non zero one - the time out	12pm - 6pm	Hide&Seek & Ross Sutherland - <i>Hinterland</i> <i>Travelling Sounds Library</i>	7pm - 9.15pm	Tania El Khoury - <i>Maybe if you choreograph me, you will feel better</i> (ReMarkable Arts)
	3pm	Ross Sutherland - <i>Every Rendition on a Broken Machine</i>	12pm - 6pm			
	6pm	Sharon Smith & Tom Parkinson - <i>We Might As Well Live</i>	All day	Andy Field - <i>Occurrences</i>		
	8pm	Gary McNair - <i>Crunch</i>			11.45pm	Action Hero - <i>Watch Me Fall</i> (Summerhall)
	9.30pm	Dan Canham - <i>30 Cecil Street</i>				
TUE 23	1pm	non zero one - the time out	12pm - 6pm	Hide&Seek & Ross Sutherland - <i>Hinterland</i> <i>Travelling Sounds Library</i>	7pm - 9.15pm	Tania El Khoury - <i>Maybe if you choreograph me, you will feel better</i> (ReMarkable Arts)
	3pm	Hide&Seek - <i>Playtesting</i>	12pm - 6pm			
	6pm	Sharon Smith & Tom Parkinson - <i>We Might As Well Live</i>	1pm - 8pm	Ant Hampton & Gert-Jan Stam - <i>OK OK</i>	2pm - 4pm	Bryony Kimmings - <i>Mega</i>
	8pm	Gary McNair - <i>Crunch</i>	All day	Andy Field - <i>Occurrences</i>	11.45pm	Action Hero - <i>Watch Me Fall</i> (Summerhall)
	9.30pm	Dan Canham - <i>30 Cecil Street</i>				
WED 24	11pm	Alternative Comedy Memorial Society				
	1pm	non zero one - the time out	12pm - 6pm	Hide&Seek & Ross Sutherland - <i>Hinterland</i> <i>Travelling Sounds Library</i>	7pm - 9.15pm	Tania El Khoury - <i>Maybe if you choreograph me, you will feel better</i> (ReMarkable Arts)
	3pm	Tom Hobbins - <i>Grow</i>	12pm - 6pm			
	6pm	Sharon Smith & Tom Parkinson - <i>We Might As Well Live</i>	1pm - 8pm	Ant Hampton & Gert-Jan Stam - <i>OK OK</i>	2pm - 4pm	Bryony Kimmings - <i>Mega</i>
	8pm	Gary McNair - <i>Crunch</i>	All day	Andy Field - <i>Occurrences</i>	11.45pm	Action Hero - <i>Watch Me Fall</i> (Summerhall)
THU 25	9.30pm	Dan Canham - <i>30 Cecil Street</i>				
	11pm	<i>The Man Test</i>				
	12.30pm	Kindle - <i>The Furies</i>				
	1pm	non zero one - the time out	12pm - 6pm	Hide&Seek & Ross Sutherland - <i>Hinterland</i> <i>Travelling Sounds Library</i>	7pm - 9.15pm	Tania El Khoury - <i>Maybe if you choreograph me, you will feel better</i> (ReMarkable Arts)
	3pm	Made in China - <i>We Hope That You're Happy...</i>	12pm - 6pm			
FRI 26	6pm	Sharon Smith & Tom Parkinson - <i>We Might As Well Live</i>	1pm - 8pm	Ant Hampton & Gert-Jan Stam - <i>OK OK</i>	2pm - 4pm	Bryony Kimmings - <i>Mega</i>
	8pm	Gary McNair - <i>Crunch</i>	All day	Andy Field - <i>Occurrences</i>	11.45pm	Action Hero - <i>Watch Me Fall</i> (Summerhall)
	9.30pm	Dan Canham - <i>30 Cecil Street</i>				
	11pm	Ross Sutherland - <i>Comedian Dies in Middle of Joke</i>				
	12.30pm	Kindle - <i>The Furies</i>				
SAT 27	1pm	non zero one - the time out	12pm - 6pm	Hide&Seek & Ross Sutherland - <i>Hinterland</i> <i>Travelling Sounds Library</i>	7pm - 9.15pm	Tania El Khoury - <i>Maybe if you choreograph me, you will feel better</i> (ReMarkable Arts)
	3pm	Made in China - <i>We Hope That You're Happy...</i>	12pm - 6pm			
	6pm	Sharon Smith & Tom Parkinson - <i>We Might As Well Live</i>	1pm - 8pm	Ant Hampton & Gert-Jan Stam - <i>OK OK</i>	2pm - 4pm	Bryony Kimmings - <i>Mega</i>
	8pm	Gary McNair - <i>Crunch</i>	All day	Andy Field - <i>Occurrences</i>	11.45pm	Action Hero - <i>Watch Me Fall</i> (Summerhall)
	9.30pm	Dan Canham - <i>30 Cecil Street</i>				
	11pm	STK International present Live Art Speed Date				
	1pm	non zero one - the time out	12pm - 6pm	Hide&Seek & Ross Sutherland - <i>Hinterland</i> <i>Travelling Sounds Library</i>	7pm - 9.15pm	Tania El Khoury - <i>Maybe if you choreograph me, you will feel better</i> (ReMarkable Arts)
	3pm	Hide&Seek - <i>Playtesting</i>	12pm - 6pm			
	6pm	Sharon Smith & Tom Parkinson - <i>We Might As Well Live</i>	1pm - 8pm	Ant Hampton & Gert-Jan Stam - <i>OK OK</i>	2pm - 4pm	Bryony Kimmings - <i>Mega</i>
	8pm	Gary McNair - <i>Crunch</i>	All day	Andy Field - <i>Occurrences</i>	11.45pm	Action Hero - <i>Watch Me Fall</i> (Summerhall)
	9.30pm	Dan Canham - <i>30 Cecil Street</i>				
	11pm					
	1pm	non zero one - the time out	12pm - 6pm	Hide&Seek & Ross Sutherland - <i>Hinterland</i> <i>Travelling Sounds Library</i>	7pm - 9.15pm	Tania El Khoury - <i>Maybe if you choreograph me, you will feel better</i> (ReMarkable Arts)
	3pm	Made in China - <i>We Hope That You're Happy...</i>	12pm - 6pm			
	6pm	Sharon Smith & Tom Parkinson - <i>We Might As Well Live</i>	1pm - 8pm	Ant Hampton & Gert-Jan Stam - <i>OK OK</i>	2pm - 4pm	Bryony Kimmings - <i>Mega</i>
	8pm	Gary McNair - <i>Crunch</i>	All day	Andy Field - <i>Occurrences</i>	11.45pm	Action Hero - <i>Watch Me Fall</i> (Summerhall)
	9.30pm	Dan Canham - <i>30 Cecil Street</i>				
	11pm					
	1pm	non zero one - the time out	12pm - 6pm	Hide&Seek & Ross Sutherland - <i>Hinterland</i> <i>Travelling Sounds Library</i>	7pm - 9.15pm	Tania El Khoury - <i>Maybe if you choreograph me, you will feel better</i> (ReMarkable Arts)
	3pm	Made in China - <i>We Hope That You're Happy...</i>	12pm - 6pm			
	6pm	Sharon Smith & Tom Parkinson - <i>We Might As Well Live</i>	1pm - 8pm	Ant Hampton & Gert-Jan Stam - <i>OK OK</i>	2pm - 4pm	Bryony Kimmings - <i>Mega</i>
	8pm	Gary McNair - <i>Crunch</i>	All day	Andy Field - <i>Occurrences</i>	11.45pm	Action Hero - <i>Watch Me Fall</i> (Summerhall)
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	11pm					
	1pm	non zero one - the time out	12pm - 6pm	Hide&Seek & Ross Sutherland - <i>Hinterland</i> <i>Travelling Sounds Library</i>	7pm - 9.15pm	Tania El Khoury - <i>Maybe if you choreograph me, you will feel better</i> (ReMarkable Arts)
	3pm	Made in China - <i>We Hope That You're Happy...</i>	12pm - 6pm			
	6pm	Sharon Smith & Tom Parkinson - <i>We Might As Well Live</i>	1pm - 8pm	Ant Hampton & Gert-Jan Stam - <i>OK OK</i>	2pm - 4pm	Bryony Kimmings - <i>Mega</i>
	8pm	Gary McNair - <i>Crunch</i>	All day	Andy Field - <i>Occurrences</i>	11.45pm	Action Hero - <i>Watch Me Fall</i> (Summerhall)
	9.30pm	Dan Canham - <i>30 Cecil Street</i>				
	11pm					

# LUCY ELLINSON

**disobedience (deeds not words)** 1381 peasants  
**revolt** 1649 diggers take st george's hill 1773  
 boston tea **party** 1811 a machine is destroyed  
 in a factory in nottingham 1839 rebecca riots  
 1870 scottish farmers occupy their crofts 1907  
 suffragette's storm parliament 1920 black friday  
 1936 battle of cable street 1952 mr and mrs  
 beasley **refuse to pay** 1955 a woman refuses to  
 give up her seat 1962 tynged yr iaith 1967 yippies  
 invade wall street 1969 a bar is raided by new york  
 police 1970 clydeside 1981 greenham common.  
 Hunger strike 1984 miners' **strike** 1985 battle of  
 the beanfield 1989 a man in a white shirt stands  
 in front of a tank 1990 poll tax riots. OutRage!  
 1992 2 dozen cyclists **form a critical mass** in  
 san francisco 1994 viva zapatista! 1995 7000  
 people **dance** while 4 men + 1 pneumatic drill  
 plant 2 trees in the fastlane of the m41: **reclaim  
 the streets** 1996 4 women with household  
 hammers destroy a hawk jet fighter 1997 robbie  
 fowler lifts up his shirt 1999 seattle 2003 citizens  
**block roads and roundabouts** across the uk in  
**protest** against the invasion of afghanistan &  
 iraq (no media covered the event but check the  
 traffic report) Teachers and children **walk out of  
 schools** 2004 'jude finisterra' appears on the bbc,  
 speaking for dow chemical on bhopal disaster  
 (2 hours later, dow's stock declined in value by  
 \$2 bn) 2006 climate camp take heathrow 2007  
 plane stupid **occupy** runway at stansted airport  
 2008 an unidentified man enters kingsnorth  
 power station & quietly crashes turbines for 4  
 hours, before walking out (unnoticed) the way  
 he came in. this single action helps **reduce  
 uk climate change emissions** by 2% 2010  
 millbank 2010 65 people respond to a tweet  
 and **shut down** @vodafone's flagship store  
 #ukuncut 2011 yes men & us uncut press send  
 & knock \$3.5 bn off GE bank's market value in a  
 matter of hours 2011 20 female friends **lock on  
 together** and **stop the** chancellor's car on way  
 to parliament on budget day 2011 1 pensioner &  
 2 disabled activists handcuff themselves to the  
 back of a double-decker bus in oxford circus  
 2011... |

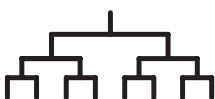
# NON ZERO ONE



THE TIME OUT  
15–20, 21–27  
AUG  
13:00–14:00



INTERACTIV-  
ITY PANEL  
18 AUG  
15:00–16:30



HOLD HANDS/  
LOCK HORNS  
19 AUG  
16:30–18:30



MADE IN  
CHINA  
25–26 AUG  
15:00–16:00

non zero one

NONZER-  
OONE.COM

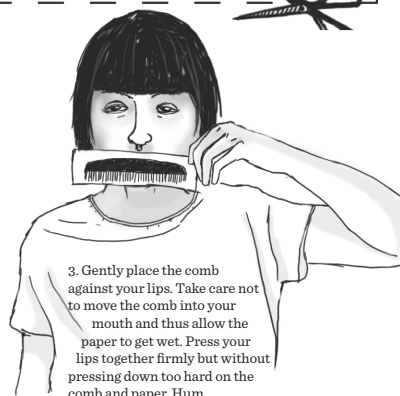
# SHARON SMITH AND TOM PARKINSON

## 1. Cut this out

the hum of a distant laundrette/ the bass-guitar solo in You Can Call Me Al/ silence/ silence being cut with a knife/ the grunts of hungry lions/war/gunshots/ begs for mercy/whale song/farts/ fart jokes/ jimi hendrix/radio static/the wind whistling down the wire/ heartbeats through a stethoscope/ techno/ your neighbour's television/ the music played at a party you're not invited to/ a cricket ball hitting a cricket bat across the green (milliseconds after you see it)/ jingly keys/ rain on the roof of your tent accompanied by the barely audible bass of a distant (and reportedly sub par) U2 / radio 1/ the shipping forecast/ your granny snoring/ the ocean/ your granny singing amazing grace/ cars on the road at the back/ a clock ticking/ inspector morse theme tune/ your dad breathing/ birds/ copper tapping against plastic/ your fingernails on a blackboard/ my heart actually breaking/ that groan people make once they're dead/ children playing/ techno through a twelve year old's headphones/ the wii/ the guinea pigs sulking/ the key change in 'I will always love you' by Dolly Parton/ shoes on gravel at night/ pigs having orgasms (which take thirty minutes)/ banging your head against the wall/ sucking your tongue/ having sex for pleasure/ turning over/ deep joy in cats/ dolphins having sex for pleasure/ the x factor theme tunes/ bleating lambs, muffled by a mis morning/ a chinking tea spoon/ falling trees/ chainsaws being juggled by a drunken acrobat/ live and pre-recorded music/ chattering teeth/ crickets/ toasting with crystal glasses/ the lowering of a drawbridge/ gas leaking/ scraping your knee on Tarmac/ a kettle boiling/ call to prayer/ chips being dropped into a chip pan/ horses chewing carrots/ a whip cracking/ forest fires/ a stomach rumbling.



**2. Find a simple pocket comb. Fold the paper over the teeth of the comb. Combined, these two components form what is commonly referred to as a comb kazoo.**



3. Gently place the comb against your lips. Take care not to move the comb into your mouth and thus allow the paper to get wet. Press your lips together firmly but without pressing down too hard on the comb and paper. Hum.

The kazoo is a late 19th century update of a bigophone which is itself descended from a eunuch-flute which was a European adaptation of African membranophones which have been in use for at least 4000 years. Because it produces sound by vibrating a stretched membrane (in this case, paper) the comb kazoo is technically a drum. Despite being the most idiotic instrument in human history, the comb kazoo cleverly mimics the way that our ear drums receive all the sounds we will ever hear. Also, If you yelled at the top of your lungs for 8 years, 7 months and 6 days, you would have produced enough sonic energy to heat up one cup of tea.

# TANIA EL KHOURY

MAYBE IF YOU CHOREOGRAPH ME,  
YOU WILL FEEL BETTER



*Maybe if you choreograph me, you will feel better* is a relational piece that happens between one female performer and one male audience member. The performer wears wireless headphones. The audience member speaks into a Dictaphone. He dictates her every move. He can choose to introduce himself to her or to remain anonymous. He can choose to follow a script or to improvise. Her choices, however, are less straightforward.

*For men only. Please do not touch the artwork.*

Sound by Laura Whitticase  
Commissioned and developed at the  
Battersea Arts Centre, London.  
[www.taniaelkhoury.com](http://www.taniaelkhoury.com)

# ENOUGH WITH THE THEATRE

## TWENTY THINGS TO DO AND SEE IN EDINBURGH IN NO PARTICULAR ORDER

Rent something from Alphabet Video in Marchmont.

See a movie at the Cameo.

Browse for music at Avalanche Records.

See if you can impress the clerk.

Go to Warrender Swim Centre in Marchmont.

Trust us, it's beautiful.

Get hit by a golf ball on the Bruntsfield Links.

Check out the Fruitmarket Gallery.

Visit the swans at the pond in Holyrood Park. Bring a kite if it's windy out. We leave it up to you what to do with it.

Pet Struan the dog at Armchair Books on the Grassmarket.

Read a newspaper cover to cover.

Have a cheap drink at Burlington Bertie's.

Go to Glasgow.

Bury something in anticipation of finding it again next year.

Go to North Berwick and stare at the sea.

Remind yourself that Edinburgh is a city not a month.

Go bowling.

Buy vitamins.

Take a photograph of something on the assumption that much later on you will have forgotten why you took it.

Give something away.

Chase a cat.

Start a revolution.

# THIS IS NOT THE END OF EVERYTHING

## BUT IT IS PROBABLY THE END OF SOMETHING

Late in 2010 the landlords who owned the Forest Cafe's present building on Bristo Place went into administration. Since then the building has been up for sale and whilst it is not definitely sold yet, it looks very likely that the Forest will have to leave this home when their lease runs out on August 31 this year.

We would not exist if five years ago the Forest Cafe hadn't invited us to work with them to make something new for the Edinburgh Festival. It's been a pretty breathless journey since then and whilst we're sad to see this place go, we know it is mainly just the beginning of something exciting and different. The Forest Cafe will find a new home and so will Forest Fringe.

For the last five years Forest Fringe has grown into this beautiful, if quietly disintegrating building. We have been shaped by its contours and its peculiarities, as have the shows and the artists that we have supported. I'm sure all will continue to carry some trace of it forward in whatever it is they are doing.

We want to spend this summer celebrating the good times and saying goodbye in the most spectacular fashion we can manage. This will culminate on Friday 26 August when from 11pm we'll be hosting a massive building-wide version of STK International's legendary Live Art Speed Date, with over 40 artists presenting miniature one-on-one encounters in every corner of Bristo Hall. Please drop by to help us bury this place in the only appropriate way.

Additionally if you want to help with the Forest Cafe's ongoing search for a new home then you can find out more and donate by going to <http://blog.theforest.org.uk/savetheforest>

AUGUST  
15TH-27TH

BRISTO  
HALL  
LIVES